

2018
PROGRAM 5

Australia

Dental Hygiene Study Club



Dental



www.dentaledglobal.com

Leading Dentists



What is Dental ED?

Emanuel Recupero is the founder and current Managing Director of Dental ED. He graduated as a trained microbiologist, and eventually came to work in the pharmaceutical industry in Melbourne, Australia. During this time Emanuel gained proficiency in financial strategic marketing, deciding to start his own consulting company in 1997 with the aim to provide services to the medical and dental industry.

A Unique Idea

While entrenched in the orthodontic industry, Emanuel learnt that study clubs were the most important place for dental professionals to exchange skill sets. There was an evident dilemma as to how to deliver a high-end education program that was also cost-effective and time-efficient. By 2003 — inspired by the advancement of new web-conferencing technologies. Emanuel saw the potential of transmitting live lectures to multiple Study Club sites, thus providing esteemed speakers to dentists at an accessible and affordable price. By June of 2003 the world's first-ever live web-based dental seminar was tested and, by February 2004, Dental ED was born.

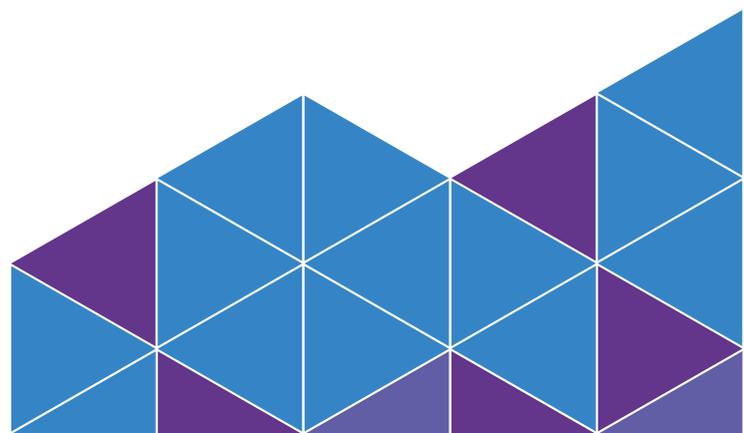
“Not many people are aware that Dental ED was actually the first service to introduce live web-conferencing sessions in the dental industry, paving the way for many other organisations to introduce similar services today.”

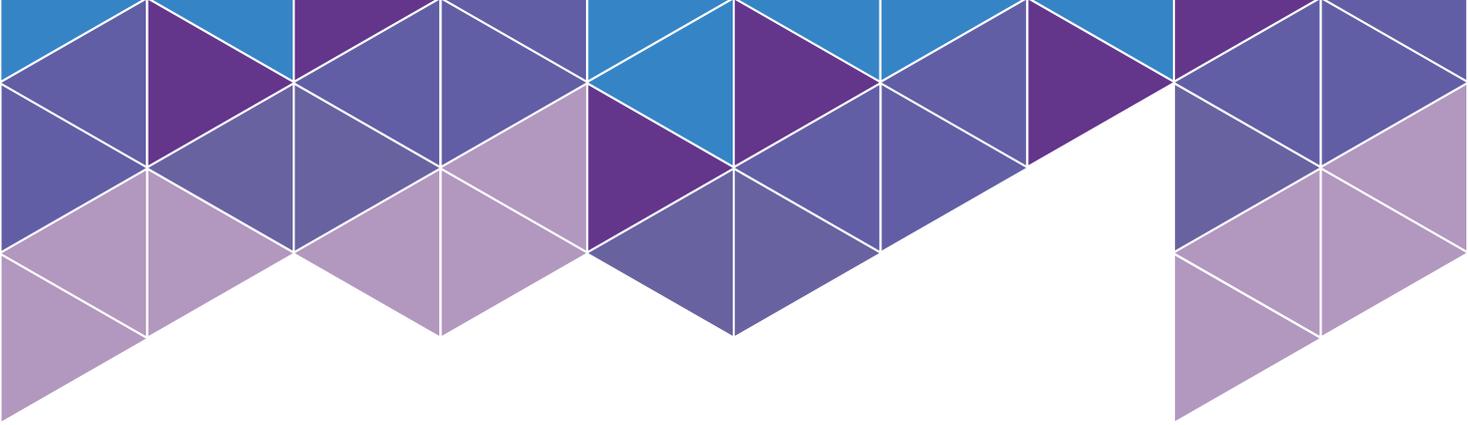
Dental ED has grown to become the largest web conferencing based study club globally with over 180 sites in Australia, New Zealand, Asia, USA and Canada, and still growing. Thousands of satisfied and professionally improved dental professionals around the world are testament to the success of Emanuel's efforts in establishing Dental ED as the educational provider it is today.

Topics that are covered

Up until now the Dental ED service has been mainly aimed at general and specialist dentists and includes a series of live, interactive seminars on topics in high demand, including restorative dentistry, orthodontics, endodontics and practice management. All lectures are clinically based with practical tips that can be applied the next day.

Dental ED has attracted high-calibre, well-respected national and international lecturers. Dental ED is proud to now be able to offer a structured and comprehensive Dental Hygienist Study Club Program covering cutting edge topics delivered by highly regarded local and international lecturers.





The Study Club Model

The Hygiene Study Club is an innovative service which facilitates treatment planning sessions coached by the best speakers in the industry. Dental Hygienists also receive CE points and a quality social atmosphere to network, all within the convenience of their local region.

Registration to the Hygiene Study Club with Dental ED secures you as an exclusive regional provider. Not only will you become a distinguished Study Club owner in your community, but you also become part of a large network of Study Club owners where regularly meetings allow you and your Study Club members to exchange ideas.

The Study Club program consists of a set number of didactic pre-recorded lectures as well as optional advanced clinical training sessions. The didactic lectures are of the highest quality content provided by leading local and international experts in their field. These recorded sessions are provided in high-definition quality throughout the years program.

How do I find a Study Club?

Contact Dental ED and we will put you in touch with your nearest Study Club

OR

Start your own study club!

Gather a minimum of 15 therapists in your area and start your own study club!

The study club will provide:

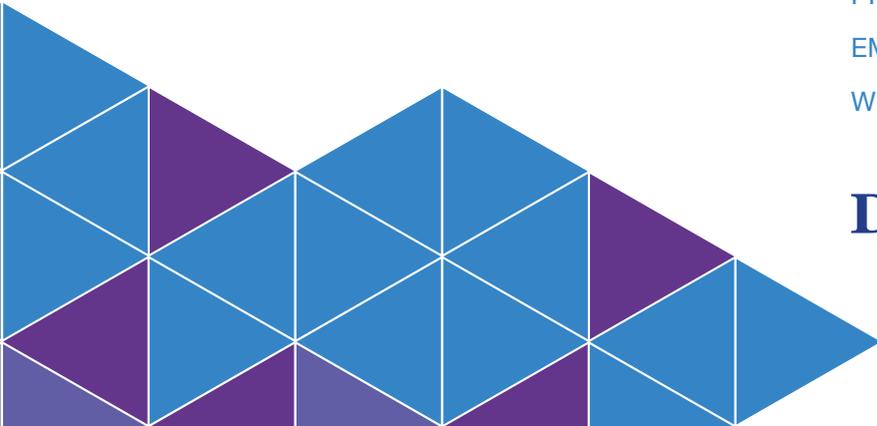
- Exclusive zoning for 12 months.
- 7 lectures per year.
- Continuing education credits.
- Session notes and study guide.

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Dental 



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Register to your study club and download the complete program and session notes at www.dentaledglobal.com



www.dentaledglobal.com

Leading Dentists

2 Continuing Education Credits

Donna Brogan, RDH, BS

The Puzzle Pieces of Risk: Putting CAMBRA to Work in Your Practice



ABSTRACT

Caries Management by Risk Assessment (CAMBRA) is an evidence-based approach to prevent or treat caries at its' early stages. CAMBRA has swept through the industry and is being taught in dental and dental hygiene programs across the country but this valuable tool is still under-utilized. Caries is a multi-factorial disease and research has found common risk factors that help determine a person's likelihood of developing new or recurrent decay. This course will discuss some of the most common risk factors and why they are so important to address clinically. Patient profiles will be used to demonstrate how easily you can put CAMBRA to work as a preventive tool in your practice. Attendees will learn how to quickly use the known risk factors, an exam, and a CAMBRA form, to classify the patient as low, moderate, or high risk.

Once you've determined your patient is at an elevated risk for developing caries, how do you decide what the next step should be? Luckily CAMBRA takes us beyond the classification stage and gives customizable intervention and treatment choices. As with classification, professional judgement is encouraged and individual protocols can vary depending on how the patient presents. This course will take you through multiple intervention strategies including fluoride varnish, Xylitol, and several home products. You will also be introduced to CDT codes you can put to use immediately.

LEARNING OBJECTIVES:

1. Understand the basic theory of CAMBRA.
2. Identify evidence-based risk factors and indicators for future carious lesions.
3. Classify patients into low, moderate and high risk categories.
4. Explain the advantages of fluoride varnish for your patients.
5. Establish and implement personalized protocols for caries prevention.

CV

Donna Brogan is a graduate and former faculty member of the University of Oklahoma Dental Hygiene Program. She was honored the 2009-2010 Alumnus of the Year. She was voted Outstanding Part Time Faculty by her students in 2007, 2012, 2013 and again in 2014.

Donna serves as President for the Oklahoma University Alumni Association, is a Trustee for the J Dean Robertson Society, and Secretary for Variety Care Foundation, a non-profit healthcare provider. She has held numerous positions in the Oklahoma Dental Hygienists' Association and is a proud member of the American Dental Hygienists' Association.

An educational consultant of twenty years, Donna has presented a wide range of topics to audiences throughout the world and online. She has also written for such publications as RDH, Journal of Practical Hygiene, Contemporary Oral Hygiene, and the Women's Dentist Journal.

Donna is happy to lecture around the world on dental related topics including risk assessment, women's wellness, oral interventions for all ages, patient compliance, nutrition, whitening, alternative careers for dental professionals, and the oral/systemic link.

2 Continuing Education Credits

Dr. Jamison Spencer

Sleep Apnoea: Parafunction...or Protective Function



ABSTRACT

For decades we have blamed grinding and clenching of the teeth on: 1. Stress, and 2. Malocclusion. While certainly emotional stress and occlusal factors can play a role in the etiology of bruxism, it is becoming clear that in many of our patients, obstructive airway issues may be a major driving factor.

In this interactive presentation, Dr Spencer takes the audience on an evidence-based journey and makes a strong case that the so-called “parafunction” that wreaks havoc on our patients’ teeth and on our best restorations may actually be an attempt by the brain to “protect” the airway. This understanding will help with the diagnosis and actual treatment of the underlying etiology of bruxism.

With the case made that clenching and grinding may be the brain’s way to protect itself from suffocation, the lecture will then focus on how to protect the patient, protect their teeth, protect their restorations and protect your practice.

LEARNING OBJECTIVES:

1. Review the current literature on the etiology of bruxism.
2. Understand how sleep apnoea may be related to bruxism in both adults and children.
3. Clarify how to screen patients for possible sleep apnoea-related bruxism, and learn how to protect the patient’s teeth by protecting their airway.

CV

You may know **Jamison Spencer** as the “Sleep Apnoea and TMD Guy.” Jamison Spencer, DMD, MS, is the Director of the Center for Sleep Apnea and TMJ in Boise, Idaho, and the Director of Dental Sleep Medicine for the 28 practices of Lane and Associates Family Dentistry in North Carolina. He is adjunct faculty at Tufts University, University of the Pacific, and the University of North Carolina at Chapel Hill.

Dr Spencer teaches mini-residencies in Dental Sleep Medicine at Tufts and UOP, and lectures around the world on Dental Sleep Medicine and TMD. He is the inventor of an FDA approved oral appliance, and recently launched the Spencer Study Club as an online education and mentoring tool to help dentists take Dental Sleep Medicine and TMD to new levels in their practices. In this lecture, however, Dr Spencer draws on his many years of being a student of “self help” and “success” literature and experiences. Following the principles he will discuss in this presentation, Dr Spencer has been able to create an incredible lifestyle for himself and his family.

2 Continuing Education Credits

Jo-Anne Jones, RDH

Xerostomia: Etiology, Clinical Evaluation and Innovative Strategies



ABSTRACT

Xerostomia or dryness of the oral cavity is now affecting 1 out of every 5 adults and has become one of the most common oral health pathologies. There are over 500 drugs which contribute to this oral condition. Also advances in medicine and therapeutic modalities have resulted in a steadily increasing human life expectancy. With longevity we can expect salivary hypofunction. The rapid rise in diabetes and autoimmune disorders only further magnifies this oral condition and warrants the need for effective and innovative strategies.

As the population ages and the 'silver tsunami' rolls in, are we prepared to address the challenging condition of xerostomia? Learn how to identify and evaluate salivary hypofunction, recommend effective self-care measures and provide solutions that work! Participants will engage in a 'live study' demonstrating risk assessment for clinical practice.

LEARNING OBJECTIVES:

1. To define normal salivary function vs. xerostomic conditions.
2. To apply evaluative salivary assessment into clinical practice.
3. To understand the prevalence and etiology of xerostomia related to today's population.
4. To effectively treat the xerostomic patient both chairside and with self-care measures.
5. To be equipped with clinical resources to aid in treatment and education.

CV

As a successful entrepreneur and international, award-winning speaker, **Jo-Anne Jones** brings life, energy and inspiration to all her presentations. The veteran dental hygienist turned educator has a no-nonsense approach and dynamic speaking style that has made her one of North America's most sought-after lecturers in the dental community. Jo-Anne has been selected as one of DPR's Top 25 Women in Dentistry and joins the 2017 Dentistry Today CE Leaders for the 7th consecutive year.

Jo-Anne has been described as a very dynamic, knowledgeable and entertaining speaker with an ability to powerfully communicate her knowledge. Her strong and powerful message complemented by the provision of clinical and educational resources has earned many loyal followers. Jo-Anne's gift for motivating and inspiring has catapulted her into motivational speaking for Fortune 500 companies and professional women's groups.

Jo-Anne is a Key Opinion Leader for a number of leading corporations within the dental community including Philips Oral Healthcare, LED Imaging Inc., Orascoptic, Dentsply, Oral Science, DenMat and 3M ESPE.

A frank and open lecture style, a focus on audience engagement complemented by the provision of educational and clinical resources has earned Jo-Anne many loyal followers both nationally and internationally.

2 Continuing Education Credits

Betsy Reynolds

RDH, MS

That's Gotta Bug You!:
A Look at Microbial Challenges
That Impact Oral and Systemic Health



ABSTRACT

Microbial organisms are phenomenal creatures capable of impacting our lives in a variety of positive and negative ways. Because the oral cavity contains the highest concentration of microbes in or on the human body, it is imperative that healthcare providers understand oral bacterial dynamics in order to render effective care and provide patients with appropriate treatment recommendations.

Microbiology—an often daunting field of study to master—will be presented to course participants in a relaxed, fun, dynamic manner that maximizes learning while providing truly amazing facts to ponder and incorporate into treatment strategies. Be prepared to be amazed by the microscopic world!

LEARNING OBJECTIVES:

1. Understand biofilm dynamics in recommending oral care treatment strategies.
2. Recognize how microbial resistance develops and impacts treatment protocols.
3. Discuss possible systemic ramifications of oral inflammation.

CV

Armed with degrees in the dental hygiene and oral biology, **Betsy Reynolds, RDH, MS**, presents scientifically-based dental and dental hygiene continuing education programs nationally and internationally. Avidly committed to making the dental sciences understandable and relevant, Betsy devotes time and energy to publishing articles and book chapters designed to enlighten and inspire clinicians.

Betsy's continuing education presentations include a variety of topics involving the biologic basis for oral and systemic disease prevention, microbiological and immunological aspects of oral disease, implications of stress on oral and systemic health, oral pathological concerns, oral piercing and body modification considerations in care delivery, head and neck anatomy and scientific developments affecting oral health care delivery.

Betsy lives in her home state of Idaho where she enjoys hiking, biking, gardening and taking in the breathtaking scenery with loved ones.

2 Continuing Education Credits

Toni S. Adams

RDH, MA

Becoming Cultured: Understanding Intercultural Communication To Enhance Patient Care



ABSTRACT

The study of intercultural communication is a new and critical topic in dentistry. Minority groups are the fastest growing segments of our population and they also have the poorest general and oral health. Diverse cultural views profoundly influence how health is received and how health care is delivered.

This program will help dental clinicians understand different cultural perspectives, including their own. This knowledge enhances the attendee's ability to communicate with a diverse clientele in order to foster understanding and trust, and facilitate the delivery of patient-centered and evidence-based care.

LEARNING OBJECTIVES:

1. Appreciate culture's influence on communication in health settings, especially dentistry.
2. Understand four cultural concepts.
3. Increase cultural self-awareness.
4. Enhance cultural communication skills.

CV

Award-winning writer and speaker **Toni S. Adams, RDH, MA**, combines 26 years of clinical dental hygiene experience with her bachelor and masters degree education in Communication Studies to specialize in communication issues in dentistry. Some of her favorite topics include intercultural communication, nonverbal communication, listening, health literacy, caring for limited English proficient people, and working with interpreters. She has won awards for writing, speaking, scholarship, leadership, and mentorship, including being honored as the 2009 Sonicare RDH Mentor of the Year; has written for various publications; has taught college-level public speaking courses; has presented scholarly papers at communication conventions; and has completed original research into the role of culture in dental hygiene care.

Toni currently serves on the editorial boards of the California Dental Hygienists' Association Journal and DentalLearning.net, is active in the Sacramento Valley component of CDHA, and is a member of the Phi Kappa Phi national academic honor society. Toni wrote a series of communication handbooks for dental professionals and is in the process of publishing them. Her interactive courses employ a combination of PowerPoint guided lecture, individual and group activities, handouts, and favors, depending on the context of the event. All programs are tailored to meet the needs of event organizers. Toni welcomes questions and comments. Email her at tonisadamsrdh@earthlink.net.

2 Continuing Education Credits

Dr Archana Pradhan

Dental Management of Patients With Disabilities



ABSTRACT

With an increase in the prevalence of people with disabilities, dental professionals should be comfortable in providing care to their patients within their scope of practice irrespective of the type of disability. Dental management of people with disabilities will vary with the characteristics and severity of each case, as well as their age and cognitive development. Due to little or no training in the management of people with disabilities in the undergraduate dental curriculum, many perceive it as being too complex and time consuming with limited financial gains. This presentation will provide case examples of dental management of specific disabilities common across the lifespan. Practical advice and tips including obtaining consent, and medical history, applying alternate dental techniques and behaviour management strategies will be shared to make experiences with patients with disabilities a rewarding experience. Some topics include: various cultural perceptions of health, the importance of cultural self-awareness, the cultural concepts of ethnocentrism, direct and indirect communication, individualism and collectivism, and differing perceptions of time.

LEARNING OBJECTIVES:

Learning objectives:

1. To be aware of common oral conditions among people with disabilities.
2. To learn about alternate dental techniques and behaviour management strategies in providing care to their patients with disabilities.
3. To accept patients with disabilities in general dental practice and recognise when to refer.

CV

Archana Pradhan obtained her dental qualifications from The University of Adelaide and she was awarded a Fellow of Special Care Dentistry (USA) in 2015. She worked as a Consultant at the Special Needs Unit, Adelaide Dental Hospital, South Australian Dental Service and a Research Fellow at The Australian Centre for Population Oral Health. She is currently a Senior Lecturer at The University of Queensland and she has been providing dental care to people with special needs since 2004. Her research projects include older adults, people with head and neck cancers, Special Olympics athletes, people with disabilities and their carers. As the lead for People with Disabilities, Australia's National Oral Health Plan (2014 – 2023), the Vice-President of Australian Society for Special Care in Dentistry (ASSCID), and the National Clinical Director, Special Smiles, Special Olympics Australia, she has been a strong advocate for people with special needs and their carers.

As an Executive Committee Member of the Australian and New Zealand Academy of Special Needs Dentistry (ANZASND), she strives for the growth of this emerging specialty of Special Needs Dentistry and challenging area of research on oral health inequalities among the most vulnerable populations.

2 Continuing Education Credits

Kris Johnson, RDHAP, BA, MSc

Chronic Illness, Functional
Medicine and the Dental Hygienist



ABSTRACT

Functional Medicine is individualized health care, considering all body systems to discover root causes of disease. With the expansion of inter-professional healthcare, dental hygienists are in a unique position to provide additional information to their patients as part of the “puzzle” that can help guide them to optimal health. Dental hygienists typically see their patients every 3, 4, or 6 months. Not many healthcare practitioners have that frequency of direct patient care. Most healthcare professionals don’t get to spend forty to fifty minutes with each patient per visit, and no other healthcare professional has the access, education, and critical eye on oral tissues as the dental hygienist. In fact, other healthcare providers know little about the “roadmap” of oral tissues.

Chronic disease is on the rise. In dentistry, we treat patients with a gamut of health issues, but generally we see diabetes, heart disease, thyroid disorders, cancer, depression, etc. Functional Medicine is systems based, which means instead of treating symptoms (slapping a bandage on acute systemic issues), it delves deeper into the body’s systems to find out specifically what is causing dis-ease. How chronic disease relates to dentistry is seen via: xerostomia (from medications/Sjogrens, etc), periodontal disease (often exacerbated by diabetes or other systemic disease), increased caries (xerostomia/type of bacteria present), aphthous ulcers, lichen planus, etc. (possibly related to systemic disease), oral cancer (related to innumerable causal factors). Polypharmacy is not uncommon. There is a lot to be said for drug-free health...fewer side effects, better sleep, more energy, clarity of mind, and increased overall life quality can be achieved for many.

LEARNING OBJECTIVES:

1. Understand the basics of what functional medicine is.
2. Recognize patients that may benefit from this type of care.
3. Develop new ways of discussing chronic health issues with your patients.

CV

Kris Johnson, RDHAP, BA, MSc graduated with an associates degree in dental hygiene from Shoreline Community College in Washington State, a bachelor of business management from St Mary’s College of California, and is currently writing her masters thesis at Idaho State University.

She has studied holistic nutrition at Bauman College in Berkeley, California, the Institute for Integrative Nutrition in New York, and studied functional medicine at the University of Western States in Portland, Oregon.

Kris is an active member of the American Dental Hygienists’ Association, the California Dental Hygienists’ Association, Mt. Diablo Dental Hygiene Society, the American Academy of Dental Hygiene, and the National Association of Nutrition Professionals. She has written articles for RDH Magazine/Dental IQ, and her local component newsletters.

Currently, Kris is an Adjunct Dental Hygiene Instructor at both Cabrillo and Carrington Colleges in California, teaching Pharmacology, Periodontology, Nitrous Oxide Sedation, and Clinic.